

Program Notes:

shadows: I wanted to write a piece about my depression hoping it would be therapeutic and to simply share my experience. I joked I wanted to write the saddest piece of music ever. As I was writing, I realized there is so much more to depression than the sadness: feeling out of control, the inevitability, the loneliness and isolation, the scariness, the overwhelming sense of doom, confusion, feeling lost, out of sync with the world, feeling hopeless with no way out and probably more that I can't remember now. When thinking of a title, I wanted to find a good metaphor, and I found shadows as being very appropriate. Shadows can make the familiar scary. They obscure what is really there. They can change a scene from bright to gloomy. However, as my teacher, Melissa Keeling pointed out, "Of course, to have a shadow, you need light..."

Key:

* Flute 2 is ideally a bass flute or a C flute using a harmonizer to be pitched down 1 or 2 octaves or both. shadows can be played as a solo piece. If played as a solo, omit section C

*** these notes are suggestions. play anything you like here, any sound, any pitch, extended techniques or rhythm as long as it fits in the beats of the measure and it is loud. The goal is to sound abrupt and jolting. Like a cry in the dark. Harmonics suggested*

****optional: sing while playing four measures. Singing or not, increasingly intense.*

***** very intense, harmonics suggested*

****** optional: sing while playing two measures. Very intense. Possibly overblowing..*

D mournful

25

Flute

mp

mp

mf

Fl. 2

mp

mournful

29

Flute

f

mp

mf

Fl. 2

E sad resignation

33

Flute

mf

espressivo

Fl. 2

mf

p

39

Flute

mf

Fl. 2

F ***

45

Flute

relentless

3

3

Fl. 2

3

3

G

51

Flute

espressivo, bluesy, wistful

3

3

3

3

Fl. 2

mp stop singing

mf steady

57

Flute

Fl. 2

mf

3

H

64

Flute

Fl. 2

f

ff

I
floating

73

Flute

Fl. 2

relaxes, releasing

mp

floating

mp

83

Flute

Fl. 2

Flute

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shadows

Mike Zellers

A
♩ = 72
impending doom

f bell tones

10 **B** semi frantic

mf *mf*

E Eb Bb Eb Db Ab Eb B Bb Ab

16 *mf* **

C **D** mournful

mp *mp*

28 *mf* *f* *mp*

E sad resignation

mf *mf*

38 espressivo

p *mf*

45 **F** ***

G espressivo, bluesy, wistful

52 *mp* stop singing *mf*

Flute 2

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shadows

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A

$\text{♩} = 72$

impending doom

Musical staff A: Treble clef, 4/4 time signature. The melody consists of a series of half notes and quarter notes, starting with a forte (*f*) dynamic. The notes are: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7.

B

semi frantic

Musical staff B: Treble clef, 4/4 time signature. The melody is more rhythmic, featuring eighth notes and quarter notes. It includes a mezzo-forte (*mf*) dynamic and a triplet of eighth notes. The notes are: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7.

Musical staff C: Treble clef, 4/4 time signature. The melody continues with eighth notes and quarter notes, featuring a mezzo-forte (*mf*) dynamic and a triplet of eighth notes. The notes are: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7.

Musical staff D: Treble clef, 4/4 time signature. The melody continues with eighth notes and quarter notes, featuring a mezzo-forte (*mf*) dynamic and a triplet of eighth notes. The notes are: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7.

Musical staff E: Treble clef, 4/4 time signature. The melody continues with eighth notes and quarter notes, featuring a mezzo-forte (*mf*) dynamic and a triplet of eighth notes. The notes are: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7.

tolling of bells

D

mournful

Musical staff F: Treble clef, 4/4 time signature. The melody is slower and more somber, featuring half notes and quarter notes. It includes a mezzo-piano (*mp*) dynamic and a triplet of eighth notes. The notes are: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7.

E

7

F

relentless

Musical staff G: Treble clef, 4/4 time signature. The melody is more rhythmic, featuring eighth notes and quarter notes. It includes a mezzo-forte (*mf*) dynamic and a triplet of eighth notes. The notes are: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7.

G

mf steady

Musical staff H: Treble clef, 4/4 time signature. The melody is steady and rhythmic, featuring eighth notes and quarter notes. It includes a mezzo-forte (*mf*) dynamic and a triplet of eighth notes. The notes are: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7.

H

Musical staff I: Treble clef, 4/4 time signature. The melody is steady and rhythmic, featuring eighth notes and quarter notes. It includes a mezzo-forte (*mf*) dynamic and a triplet of eighth notes. The notes are: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7.

68



80

