

Program Notes:

shadows: I wanted to write a piece about my depression hoping it would be therapeutic and to simply share my experience. I joked I wanted to write the saddest piece of music ever. As I was writing, I realized there is so much more to depression than the sadness: feeling out of control, the inevitability, the loneliness and isolation, the scariness, the overwhelming sense of doom, confusion, feeling lost, out of sync with the world, feeling hopeless with no way out and probably more that I can't remember now. When thinking of a title, I wanted to find a good metaphor, and I found shadows as being very appropriate. Shadows can make the familiar scary. They obscure what is really there. They can change a scene from bright to gloomy. However, as my teacher, Melissa Keeling pointed out, "Of course, to have a shadow, you need light..."

shadows

Mike Zellers

A
♩ = 80
impending doom

Flute

Electric Bass

Electric Bass

9

Flute

Bass

Bass

14 **B** semi frantic

Flute *mf* *mf* *mf*

Bass *mf* semi frantic

Bass *mf* 3 semi frantic

17

Flute *mf* *mf* *mf*

Bass *mf* semi frantic

Bass *mf* 3 semi frantic

E Eb Bb Eb Db Ab Eb B Bb Ab

20 **C**

Flute *mf* *mf* *mf*

Bass *mf* semi frantic

Bass *mf* 3 semi frantic

* these notes are suggestions. play anything you like here, any sound, any pitch, extended techniques or rhythm as long as it fits in the beats of the respective measures and is loud. The goal is to sound abrupt and jolting. Like a cry in the dark..

23

Flute

Bass

mf D F G Ab A C where this appears play like tolling bells

mf D F G Ab A C where this appears play like tolling bells

28

Flute

Bass

Bass

33

Flute

Bass

Bass

D mournful *mp*

mournful *mp* tolling of bells mournful *mp* tolling of bells

38

Flute

mp *mf* *f* *mp*

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Bass

Bass

42

Flute

mf *mf*

E sad resignation

Bass

Bass

47

Flute

p *espressivo*

Bass

Bass

54 **F** relentless

Flute *mp*
optional: sing while playing Section F. Increasingly intense articulation and singing (if singing)

Bass *mf* relentless

Bass *mf* relentless

60 **G** espressivo, bluesy, wistful

Flute *mp*
stop singing

Bass *mf* steady

Bass *mf* steady

65

Flute *mf*

Bass *mf*

Bass *mf*

H

intense and increasingly so

72

Flute

Bass

Bass

f *ff*

81

Flute

Bass

Bass

**optional: sing while playing asterisked notes.
Singing or not, very intense articulation and singing.
Possibly overblowing.*

relaxes, releasing

I

floating

91

Flute

Bass

Bass

mp

floating

mp floating

mp

Flute

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shadows

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A
♩ = 80
impending doom

B semi frantic

C

D mournful

E Eb Bb Eb Db Ab Eb B Bb Ab

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39

mf *f* *mp*

* these notes are suggestions. play anything you like here, any sound, any pitch, extended techniques or rhythm as long as it fits in the beats of the measure and it is loud. The goal is to sound abrupt and jolting. Like a cry in the dark.

43

mf *mf*

E sad resignation

49

p

espressivo

56

mp

F relentless

optional: sing while playing Section F. Increasingly intense articulation and singing (if singing)

63

mp *mf*

G *espressivo, bluesy, wistful*

stop singing

70

mp *f*

H intense and incre

78

ff

relaxes, releasing

*optional: sing while playing asterisked notes. Singing or not, very intense articulation and singing. Possibly overblowing.

I

floating

88

mp

98

p

Bass Guitar (tablature)

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shadows

Mike Zellers

A
♩ = 80
impending doom

11

B semi frantic

16

20

C

D F G Ab A C

2

24

where this appears play like
tolling bells

30

36

D mournful

mp
tolling of bells

45

E **11** **F** relentless

mf

62

G

mf
steady

72

H

84

I floating

mp

96

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Electric Bass

shadows

Mike Zellers

A
♩ = 80
impending doom

10 **B** semi frantic
mf

15

18

21 **C** D F G Ab A C
mf where this appears pl
tolling bells

25

